

Saya Anak Bangsa Malaysia will be bringing its Roadshow to [Sabah and Sarawak on March 13 and 14](#) . While many Malaysians may have traveled to the main cities or hung out at exquisite dive spots, the interiors of these territories remain largely an enigma.

DHANEN MAHES

, as Semenanjung as they come, had a chance to delve deeper while doing voluntary work some months ago. He shares with us his experience

I peeked into the further reaches of the Hornbill's nest not so very long ago. The mountains are more jagged, carpeted in a thousand shades of green. The rivers are mighty; a kind of whitewater restlessness carving away layers of time from their banks. The people are gentle. Gentle as the mengkuang baskets they weave.



Deep in the heart of Sarawak, Malaysia. The image shows a rural scene with wooden buildings and a tall antenna pole under a bright, cloudy sky. The sun is visible, creating a strong lens flare effect across the sky. The overall scene suggests a remote, rural setting.



Deep in the heart of Sarawak, a group of people are walking along a dirt path. The path is surrounded by lush green trees and vegetation. In the background, a group of people are standing near a wooden structure. The path is surrounded by tall grass and some scattered debris.



Edna and her husband, who are both from the same village, are now living in a small house in the city. They are both working as laborers and are trying to make a better life for themselves and their children. This little



We were the first of our kind in the village. We started that same night, and this







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Did the pharyngeal nerve (CN IX) and the vagus (CN X) branch out to the ventral, dorsal and lateral pharyngeal pouches?



Spirit, they seemed to say. Somehow, it was apt to let go. The kids became my teachers. Be free in



Live the moment.



And if you have a camera with a zoom, then you can see the waterfall from the village. I took this
photo of the waterfall from the village. The photo is a bit blurry, but it's a good one. I took it
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